



Potty Training Policy

Advice and guidance from nursery staff on potty training is always available to parents/carers. It is the responsibility of the parent/carer to inform nursery staff when they feel their child is ready to be potty trained. Staff and parents/carers must complete a communication sheet outlining the parent's wishes.

It is the responsibility of the parent/carer to supply the nursery with enough changes of clothes for the day; this is to ensure that the child has some clean clothes should they have any accidents.

Staff will ensure that the children are encouraged to use the potty at regular intervals during the day. Children will be encouraged to use the potty by using positive influences; if the child refuses to use the potty/toilet we will work with the child's parent/carer to come up with alternative methods to encourage the child to use the potty/toilet. All children will be praised for using the potty/toilet, and under no circumstances will staff chastise children for having accidents, as learning to use the potty/toilet can be a very stressful time for children, and all staff needs to be sensitive to the children's needs.

Children will also be encouraged to wash their hands after using the potty/toilet.

We understand that due to changes in routines or at home some children may regress. If a child has been dry for a while and they begin to have accident the child's keyworker will talk to the parents to ascertain if any changes have occurred at home, and work with parents to support the child through this time. Children must not be put back into pull ups (unless requested by their parent) as this may make the child more insecure but will encouraged more than usual to use the toilet/potty.

Toileting and Intimate Care Policy

Most of the children who are in underwear are able to go to the toilet without any help. Staff should be close by in case they do need any help. They may also need reminding to flush the toilet, and wash their hands. If children are using a potty, staff will need to be available to empty the potty, and clean it out when they have finished. (remember to wear gloves when doing this)

For those children who are potty training staff will need to ask the children at regular intervals during the day if they need to use the potty/toilet, until they get used to going. Staff will need to stay with the children whilst they are training to help them if they need it.

When children are potty training a sticker chart can be used. Children will be given a sticker for every time they use the potty, this can then be taken home with them once full.

Staff are to wear gloves when dealing with any children who have had any toileting accidents. The children's wet clothes are to be placed in a nappy sac, and put in the child's bag for the parents to take home and wash. Staff are to ensure that the children are wiped down with a wipe before putting any clean clothes on them, encourage the children to help.

If a child has soiled themselves staff should rinse the child's pants the best they can, in the Belfast sink, before putting them into a nappy sac and then the child's bag for them to go home and be washed. Children are wiped down with a wipe before putting any clean clothes on them, encourage the children to help.

Intimate care

Staff who work with young children, or children who have special needs will realise that the issue of intimate care is a difficult one and will require staff to be respectful of children's needs.

Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene which demands direct or indirect contact with or exposure of the genitals.

Children's dignity will be preserved and a high level of privacy, choice and control will be provided to them. Staff who provide intimate care to children have a high awareness of child protection issues. Staff behaviour is open to scrutiny and staff at Little Professors Nursery work in partnership with parents to provide continuity of care to the child wherever possible.

Little Professors Nursery is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. We recognise that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain.