



### Weaning policy

Advice and guidance from nursery staff on weaning is always available to parents/carers. It is the responsibility of the parent/carer to inform nursery staff when they feel their child is ready to be weaned onto solid foods. The child's individual routine will then be amended in accordance with your instruction. Parents/carers must provide all solid foods for their child unless a nursery meal is requested. Child must be eating adult foods at home before nursery can provide that child with a nursery meal. All food provided by the parent/carer or nursery will be served to the child using sterilized equipment, the food will also be heated to the correct temperature, all home cooked meals to be warmed to 75 degrees and cooled, and all brought meals to be heated to between 44 and 55 degrees.

Cool boiled water can be provided by nursery throughout the day and will be served to the child in sterilised bottles or beakers, these need to be provided by parents/carer. **Any other fluids must be provided by the parent/carer.**

Parents/carers will be encouraged to provide their child with a beaker from six months of age.

# Nursery